

Over 250 undergo health screening at Siphocosini Clinic

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Mbabane

OVER 250 individuals participated in a health screening event hosted by the Taiwan Technical Mission at Siphocosini clinic on Wednesday.

This was after the residents partook in a series of examinations and health education to gain a better understanding of their own health conditions.

This was part of the project for Strengthening Metabolic Chronic Disease Prevention and Control Systems in Eswatini.

This is a project carried out by the Taiwan Technical Mission in Eswatini in collaboration with the Ministry of Health and the Clinton Health Access Initiative (CHAI) Eswatini.

Siphocosini Member of Parliament Mduzuzi Matsebula who also serves as the minister of health upon his visit at the screening event said this was a sign of his commitment to the well-being of the community.

He also emphasized on the global impact of non-communicable diseases (NCDs) and the importance of raising awareness and educating the public about these conditions.



Volunteer Krista Chang, National Taiwan University Hospital's Dr Bo Wei Su, NCD Hhohho Regional Coordinator Sijabulile Dlamini, Minister of Health Mduzuzi Matsebula, Taiwan ICDF Project Manager Amon Yang and Taiwan ICDF Project Specialist Ben Hung.

Many participants were able to learn about their blood pressure and blood sugar levels, which was something that was crucial for their health management.

The Minister noted that such health screenings also support the government in its efforts to deliver healthcare services effectively in the country.

He said he hopes that this vital health screenings would expand to all regions of the country so that they can ensure

wider access to essential health information and services.

Launch

The Project Manager from the TaiwanICDF Amon Yang also shared that they have served nearly 9 000 people since the project's launch in July this year.

"On this year's World Diabetes Day, the TaiwanICDF and the ministry of health, in collaboration with over a dozen health-related organisations,

organised a health advocacy event at Somhlolo Park in Manzini," he said.

He said over 500 individuals participated in that event.

Yang said he hopes that through these screening activities, people would become more aware of the importance of their own health.

He also said due to climate change, extreme weather conditions were also becoming more frequent.

"As we enter the summer season,

it is anticipated that the climate will be hotter than previous years, which poses a greater risk to individuals with cardiovascular diseases," he said.

He said it was therefore crucial for everyone to pay attention to their health by regularly monitoring their blood pressure and blood sugar levels. Yang said people should at least seek immediate medical attention if any health issues arise.

A beneficiary from Siphocosini Simon Dlamini expressed his gratitude to the TaiwanICDF for providing valuable health services to the community.

He shared that he has gained insights into healthy eating habits, the importance of staying hydrated and the benefits of regular exercise.

"The knowledge that I acquired through these initiatives has empowered me to make healthier lifestyle choices and promote a healthy well-being within the community," he said.

Another beneficiary Thembi Malaza mentioned that her blood pressure levels were found to be high during Wednesdays' screening.

She said she was referred to see a doctor from the TaiwanICDF for further evaluation and management.



Minister of Health Mduzuzi Matsebula visiting the stands.



The dialysis machines that were donated to RFM Hospital.



An official attending to one of the elderly.

RFM Hospital appreciates Taiwan for Donating 10 Dialysis Machines

THE Raleigh Fitkin memorial has thanked the government of the Republic of China (Taiwan) for a donation of 10 dialysis machines

According to the health facility, this would help the hospital in boosting medical capacity and demonstrating steadfast friendships.

The Chief Executive Officer of the Eswatini Nazarene Health Institute (ENHI) Mazwi Mavuso thanked Taiwan for its support.

"The arrival of these dialysis machines will elevate our medical services, particularly in the treatment of the kidney disease. We are deeply grateful to Taiwan for reaching out in our time of need, showcasing Taiwan's warm power and commitment to global health," said the CEO.

He said the government of the Republic of China (Taiwan) has long been active in promoting international medical assistance.

Mavuso said the donation exemplifies the spirit of "Taiwan Is Helping," demonstrating Taiwan's key role in global health security.

He said both the RFM Hospital and the local community appreciates Taiwan's contribution adding that they look forward to deepening cooperation to build a healthier future together.

"This donation does not only strengthens RFM Hospital's medical resources but also symbolizes the deep and enduring friendship between the two nations," he said.

He added that through this gesture, Taiwan's "warm power" once again embodies the essence of "Taiwan Can Help," allowing the world to witness Taiwan's selfless dedication to global health and the well-being of Eswatini.

The donation ceremony was held on October 31 by the Taipei Medical University Hospital Superintendent Dr Shih Chun-Ming who highlighted that this contribution exemplifies Taiwan's commitment to global health.

"Through professional medical technology and humanitarian care, Taiwan supports the Kingdom of Eswatini to improve its public health and well-being," he said.



Eswatini Nazarene Health Institutions CEO Mazwi Mavuso accept the donation from the Taipei Medical University superintendent.



The team from the Taiwan Medical Mission during the donation at the RFM Hospital.